



Defensive Tactics Combative Survival Course

Duration: 2 days. \$999.00

Schedule: This course requires a minimum of 4 students. Please call to find a time that fits into your schedule.

In almost all sporting events there are rules and regulations, which set boundaries with regards to types of fighting conduct. More often than not, a combatant believes they will be fighting one opponent, with minimal other threats, distractions and or obstacles. However, in combat, there are no rules. This is why realistic Defensive Tactics Combatives training is essential.

Our methodology addresses the most real world and intense situations you can face such as: eye gouging, knife attacks, throat grabs, head-locks, bear-hugs, tackles, handgun and long gun retention and disarming, as well as what to do in various ground grappling situations. We specialize in quick, safe and non-lethal neutralization of hostile and physically aggressive individuals. Often resulting in no or minimal injury to the opponent.

Defensive Tactics: Basic hand to hand close fighting techniques. Physical & mental conditioning. Speed, stamina & strength. Use of acting & body language. OODA Loop and extreme stress. The human body circulatory system. The human body's pressure points. Falling, flipping & rolling. Thumbs & wrists as the weak link. Hand, wrist & arm locks / breaks. Head, neck & arm takedowns. Joint leveraging & breaks.

Disarms vs. a knife fighter. Disarms vs. a pistol engagement. Disarms vs. a rifle. Disarms vs. a baton, bat, or stick. Weapon retention of knife, pistol & rifle. Knife fighting techniques. Countering ropes & strangulation. Fighting effectively while wounded. Devastating opponent targeting techniques. Surviving multiple attackers.